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OUR LADY STAR OF THE SEA

CATHOLIC CHURCH • GREENWICH

FEBRUARY- DEDICATED TO THE HOLY FAMILY

✠ HOLY MASS FOR THE 6TH SUNDAY IN ORDINARY TIME

MISSAL:

PRAYERS AND READINGS pg. 136

BEGINNING OF MASS pg. 7

EUCCHARISTIC PRAYER pg. 18

SATURDAY 14th February

6.00pm Vigil Mass Peggy McGeary RIP (Anni.)

SUNDAY 15th February

6th SUNDAY ORDINARY TIME

9.00am Sung Mass People of the Parish
11.00am Sung mass Michael Beyka RIP (35th Anni.)

MONDAY 16th February

FERIA

8:30am Exposition of the Blessed Sacrament
9:30am Holy Mass Mgr. James Joyce RIP

TUESDAY 17th February

SEVEN HOLY SERVITE FOUNDERS

6:00pm Exposition of the Blessed Sacrament
7:00pm Holy Mass Charlie Bleakley

WEDNESDAY 18th February

ASH WEDNESDAY

(FASTING AND ABSTINENCE)

8:30am Exposition of the Blessed Sacrament
9:30am Holy Mass Lorraine Hill (Well-being)
12:30pm Holy Mass For the protection of the unborn
7:00pm Holy Mass Fr Francesco Signorelli SX RIP

THURSDAY 19th February

LENTEN FERIA

8:30am Exposition of the Blessed Sacrament
9:30am Holy Mass Fr David Quarmby RIP

FRIDAY 20th February

LENTEN FERIA

(FRIDAY ABSTINENCE)

8:30am Exposition of the Blessed Sacrament
9:30am Holy Mass Fr Shaun Budden RIP

SATURDAY 21st February

SAINT PETER DAMIAN

6.00pm Vigil Mass People of the Parish

SUNDAY 22nd February

1st SUNDAY of LENT

9.00am Sung Mass In Thanksgiving to Our Lady
11.00am Sung Mass TBC

DONATIONS

Nat West Bank
Sort code: 60-09-16
Account number: 25240676
Account Name: RCAS Greenwich

*This parish is part of the RCAOS
registered Charity Number 1173050*

*Thank you for your kindness and
generosity.*

ST. URSULA'S GIRLS CONVENT SCHOOL

Head Mr O'Shaughnessy
Crooms Hill
SE10 8HN
Tel: 020 8858 4613

ST. JOSEPH'S RC PRIMARY SCHOOL

Head Ms. Long
Commerell Street
SE10 9AN
Tel. 02088584182

LAST WEEK

COLLECTION
GIFT AID - £54.00
LOOSE - 334.36

ATTENDANCE
406

Confessions Saturdays at 10.00am – 10.30am and 5pm - 5.30pm. After
weekday Mass – please sit by the confessional.
Adoration One hour before every weekday mass.

Spiritual Thought

The holy Lenten season is upon us. We begin on Wednesday hearing Jesus in the Gospel exhorting us to hidden prayer, fasting and almsgiving. Then we will approach and receive the ashes of repentance on our foreheads.

Lent is one of the most ancient practices of our faith, it is the preparation for Easter. By a holy lent we prepare our hearts and minds for the great celebration of the Lord's resurrection and our own rebirth.

In the past, the church was very prescriptive about our Lenten fast – until relatively recently meat was forbidden and an adult would only eat one full meal a day, two other daily collations wouldn't equal that full meal. This was a time, it's worth remembering, when most people were engaged in difficult manual work. Lent then was a real penance.

Since the 1960s however, we have been allowed to choose our Lenten fast. It is worth putting serious thought into our choice. We might have the habit of doing the same thing each year: snacks, chocolate etc. When did we begin that habit – perhaps this year we could revisit that decision and have a think about something else.

What is that actually fills my mind, wastes my time, a luxury I prioritize over other things? My phone, my socials, the compulsive spending. Perhaps these are things to restrict during this holy season.

There was, a few years ago, the ideal of 'taking on' rather than 'giving up'. Why not this year both take on and give up. When we give up something, particularly something demanding, we create a space in our life which can be filled with something good.

So, for example, if I were to give up doom-scrolling through social media I might have a lot of time on my hands – I could use that time to actually connect with another person, a good friend I've lost touch with, my family who aren't seen often.

Another example, were I to give up shopping on amazon or etsy (or whatever), I would stop thinking about things which would make me happy – I could perhaps pray some more, and get to know better that Person who is my true happiness.

Perhaps your mind is immediately thinking "but I need such and such in my daily life, I can't live without it". What is amazing is that quite often we can and do survive without that "essential thing", and we discover our life is larger without.

These are just some ideas – we are all different, but with a little thought we can find that Lenten discipline which will open us more deeply to the Risen Jesus.

Ash Wednesday

Do remember that Ash Wednesday is a day of particular fasting and abstinence – meaning less food and no meat. It is not a holy day of obligation, but three Masses will be offered in the church.

Stations of the Cross

Will be walked in the church on Tuesday after the evening Mass, and on all Sundays afternoons in lent, at 4:30pm.

Rite of Election

Do remember to pray for those preparing to become Catholic this year – we have 5 people from the parish who will be attending the Rite of Election next Saturday, joining with all those from across the diocese who will be formally received into the church at Easter.

Easter Choir

Do remember our Easter choir, which will be led by our wonderful organist Laurence. We will meet on each Friday of lent, beginning this Friday at 7pm to learn the hymns and solemn chants. All are welcome.

Weekday Mass Times

I am planning to move the weekday mass time from 9:30am to 12:30pm during lent. If this will impact your life, for better or worse, please let me know. This won't affect the Tuesday evening Mass. We will begin the daily 12:30pm Mass on Monday 23rd Feb.

Clergy Support Fund Second Collection

The clergy in our Archdiocese have given us so much. They have been there for us in our happiest moments and comforted us when we have lost loved ones. Supporting priests in their retirement is one way to show your appreciation for all they have one for parishes.

You make supporting our clergy in retirement possible, find out how to donate to the Clergy Support Fund at www.rcaos.org.uk/donate/CSF

You can also donate via telephone office hours Mon-Fri **020 7960 2504** or by using the Clergy Support Fund envelopes available today at the back of Church.

Please continue to keep our all our priests, both active and retired, in your prayers.

Lenten Book Group

The parish Lenten book group will meet next Sunday at 3pm in the Presbytery. If you would like to join please buy a copy of St. Augustine's Confessions (preferably the translation by Benignus O'Rourke, but any will do). If you have any questions please speak to Fr Tom.

Worldwide Marriage Encounter

For the past 50 years Worldwide Marriage Encounter has been offering marriage enrichment retreats all around the world. Focused on couples who want to enrich their relationship and gain a deeper understanding of the Sacrament of Marriage, the retreat offers a unique experience. It's a chance to explore your relationship at a deeper, more intimate level, regardless of how long you have been together. Thousands of couples in the UK have benefited from a Marriage Encounter weekend retreat, the next 2 retreats are 27th Feb-1st Mar 2026 in Swindon and 15th-17th May 2026 in Maidstone, why not find out more at wwme.org.uk

Stop assisted suicide - further action needed!

Please take 30 seconds to stop assisted suicide from being forced into law. Right To Life UK has made an EasyAction tool to email your MP asking them to oppose attempts to force assisted suicide into law by bypassing the House of Lords.

Please visit righttolife.org.uk/ASCommons2026 to ask our MP to oppose forcing the assisted suicide Bill into law.